

## Locations



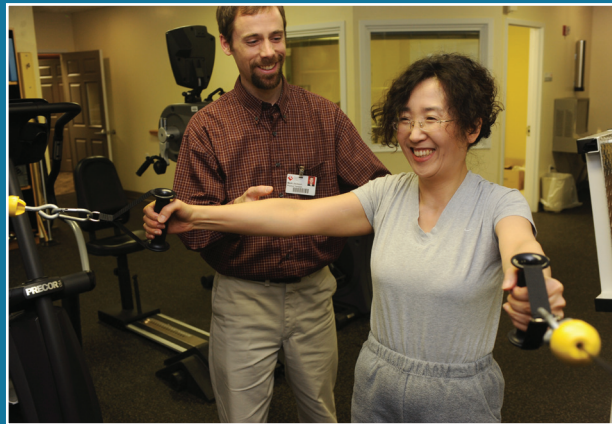
**Island Health Center Physical Therapy**  
310 Taughannock Blvd.  
Ithaca, NY 14850  
(607) 252-3500



**Brentwood Physical Therapy**  
10 Brentwood Dr., Suite A  
Ithaca, NY 14850  
(607) 274-4159



**Cortland Physical Therapy**  
Cortland Convenient Care Center  
1129 Commons Ave.  
Cortland, NY 13045  
(607) 252-3500



# Physical Therapy

ISLAND HEALTH CENTER  
BRENTWOOD • CORTLAND



PHYSICAL THERAPY



Cayuga Medical Center  
Physical Therapy  
(607) 252-3500  
cayugamed.org



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A Member of Cayuga Health System





## Physical Therapy Services Available

- Aquatic therapy
- Custom foot orthotics
- Elbow, wrist and hand rehabilitation
- Ergonomic assessments
- Foot and ankle rehabilitation
- Functional capacity evaluations
- Hip and knee rehabilitation
- Lymphedema treatment
- Neurological rehabilitation
- Pediatric rehabilitation
- Pelvic floor pain and incontinence
- Performing Arts rehabilitation
- Shoulder rehabilitation
- Spine rehabilitation
- Sports injury rehabilitation
- Temporomandibular joint (TMJ) rehabilitation
- Vestibular rehabilitation
- Pre- and post-partum rehabilitation



*Brentwood Location  
(PT, OT, Speech)*



## Welcome to Physical Therapy at Cayuga Medical Center

With an experienced team of physical therapists and physical therapist assistants, Cayuga Medical Center continues as the area's leader in physical therapy services. Our team has extensive training, expertise, and professional certifications that are unmatched in the Finger Lakes region.

We provide therapeutic and rehabilitation services for both our active and recuperating clientele of all ages.

## Leaders in Education

Cayuga Medical Center Physical Therapy was credentialed by the American Physical Therapy Association in 2010 with the first Physical Therapy Orthopedic Residency program in New York State.



*Pool for aquatherapy at Island Health Center*