

The technologist will then leave to have a radiologist review the mammograms while you wait in the room. Sometimes additional pictures are request by the radiologist.

Once the radiologist has reviewed the mammograms, you will be told if things look okay, or if more testing is required. The whole process, from check-in to leaving, usually takes 20 to 30 minutes.

Where is this test performed?

Your digital mammography will be performed in the Imaging Services Department of Cayuga Medical Center at the location selected below.

Notes

NAME _____

APPOINTMENT DATE _____

TIME _____



Imaging Services Locations:

- Cayuga Medical Center**
101 Dates Drive
Ithaca, New York 14850
- Ithaca Convenient Care**
10 Arrowwood Drive
Ithaca, New York 14850
- Cortland Convenient Care**
1129 Commons Avenue
Cortland, New York 13045

(607) 274-4376

www.cayugamed.org



Men and Mammograms



A Member of Cayuga Health System

Welcome to the Department of Imaging Services at Cayuga Medical Center

We are here to assist in the diagnosis of medical conditions and orthopedic injuries using various forms of radiography and imaging technology. We want to make you as comfortable as possible during your exam, while providing timely, thorough, and accurate diagnostic information to your doctor.

The information in this brochure will tell you about the imaging study for which you are scheduled. If you have additional questions, please feel free to call **(607) 274-4376** and ask for the diagnostic supervisor. This person will be able to help you.

About our Imaging Services



Cayuga Medical Center has a commitment to and reputation for staying abreast of changing technology and our imaging equipment is state-of-the-art.

Our range of services is comprehensive and we offer all imaging modalities found in major medical centers. Radiologists are on site at all three of our locations, which also distinguishes the level of service we provide.

Imaging Services is staffed by six board certified radiologists, many of whom are sub-specialists in areas such as neuroradiology, abdominal CT, and interventional procedures. Assisting them are experienced radiologic technologists and sonographers, many of whom have completed advanced training and are certified in specialty modalities.

Men and Mammograms

Breast cancer in men

Although much rarer than gynecomastia, breast cancer in men is sometimes diagnosed. Many people think of breast cancer as a woman's disease, but it isn't. Breast cancer in men is the same disease as breast cancer in women. It's less common in men, but prognosis and treatment are essentially identical in either sex.

If you are diagnosed with breast cancer, you will be referred to a surgeon and other physicians for evaluation and treatment.

Men with breast cancer sometimes feel isolated because it is an uncommon condition. In Ithaca, a staff member at the Cancer Resource Center is a male survivor of breast cancer and he is happy to talk with other men who are newly diagnosed or who are otherwise concerned. Please feel free to call Bob Riter, at (607) 277-0960.

What can I expect during the procedure?

Once you get in the mammography room, you'll be asked to remove your shirt. The radiologic technologist will show you where to stand and how to position your arms on the mammography machine. She will then gently squeeze one of your breasts between two flat plates. *(The compression is required to give a better picture).* This doesn't really hurt, but it may be uncomfortable. The technologist will briefly leave your side to check the controls and then push the button to take the picture. You'll hear a brief hum and then the machine automatically releases you. It all takes just a few seconds. This is then repeated so that two mammograms are taken of each breast, or four in total.