

**Where is this test performed?**

Your stereotactic breast biopsy will be performed in the Imaging Services Department of Cayuga Medical Center at the location below.

**Notes**

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NAME _____	
APPOINTMENT DATE _____	TIME _____

# Stereotactic Breast Biopsy



**Imaging Services Location:**

***Ithaca Convenient Care***  
10 Arrowwood Drive  
Ithaca, New York 14850

**(607) 274-4376**



[www.cayugamed.org](http://www.cayugamed.org)

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**A Member of Cayuga Health System**

# Welcome to the Department of Imaging Services at Cayuga Medical Center

We are here to assist in the diagnosis of medical conditions and orthopedic injuries using various forms of radiography and imaging technology. We want to make you as comfortable as possible during your exam, while providing timely, thorough, and accurate diagnostic information to your doctor.

The information in this brochure will tell you about the imaging study for which you are scheduled. If you have additional questions, please feel free to call **(607) 274-4376** and ask for the diagnostic supervisor. This person will be able to help you.

## About our Imaging Services



Cayuga Medical Center has a commitment to and reputation for staying abreast of changing technology and our imaging equipment is state-of-the-art.

Our range of services is comprehensive and we offer all imaging modalities found in major medical centers. Radiologists are on site at all three of our locations, which also distinguishes the level of service we provide.

Imaging Services is staffed by six board certified radiologists, many of whom are sub-specialists in areas such as neuroradiology, abdominal CT, and interventional procedures. Assisting them are experienced radiologic technologists and sonographers, many of whom have completed advanced training and are certified in specialty modalities.

## Stereotactic Breast Biopsy

### What is the test?

Stereotactic breast biopsy is a nonsurgical method of collecting breast tissue for microscopic analysis. This type of biopsy is usually recommended to evaluate a mammographic finding.

### How do I prepare?

Plan to arrive at your designated Imaging Services site 15 minutes before your schedule appointment. On the day of the exam, do not wear deodorant or powder. We suggest that you wear a two-piece outfit because you will be asked to disrobe from the waist up and given a hospital gown to wear.

### What can I expect from this procedure?

You will lie on your stomach on a special table that has an opening for the breast to hang through. The breast will be positioned and compressed similar to a mammogram. A pair of mammogram images will be taken from two specific angles. (*This is a "stereotactic" pair of images.*) This step allows the radiologist to precisely locate the area for biopsy. Local anesthesia is used to numb the biopsy site. A special needle is positioned in the breast at the site selected for biopsy and tissue samples are taken. The specimens are sent to pathology for analysis. Stereotactic biopsy takes about an hour and a half and causes no permanent scarring deformity in the breast.

### After the test?

You may experience a little soreness in the area of the biopsy, but most women find sufficient relief from over-the-counter pain medicine such as ibuprofen or acetaminophen.

### How and when will I get my test results?

Typical, within 48 hours a written report of your test results will be sent to your referring doctor, who will review them with you.