

# Gastroenterology Procedures Guide: Capsule Endoscopy

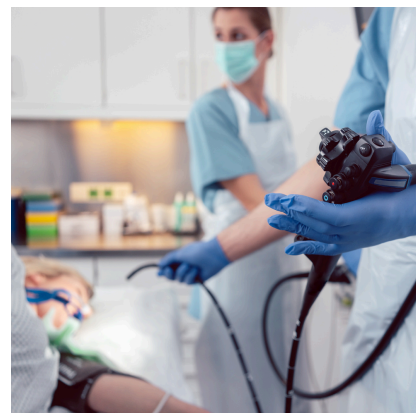
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# Capsule Endoscopy

## What is the test?

Capsule Endoscopy is a system that uses a small-pill-sized camera to visualize the small bowel. The capsule camera captures a complete view of the small bowel lining, allowing physicians to see details and potentially detect abnormalities. The capsule stores images internally, eliminating the need for external recorders or belts.



## How do I prepare?

Typically you will need to fast, avoid specific liquid and foods, and take medications as directed by your doctor. You will also need to be ready to swallow the capsule with water, and have a bowel movement in a designated area to retrieve it (see separate prep instructions)



## What can I expect during the procedure?

Capsule Endoscopy is performed at our outpatient endoscopy center. You will swallow a capsule containing a camera, and it will then travel through your digestive tract, taking pictures as it goes. You will generally be able to resume normal activities after the capsule is swallowed, with some dietary restrictions. The capsule will pass naturally with a bowel movement. You should not feel any pain while swallowing or as the capsule travels through your digestive tract. The capsule should pass naturally with a bowel movement. Unlike other endoscopic procedures, you will not require sedation.

## How and when will I get my test results?

A data report is accessed and reviewed by your physician from a cloud-based platform. Once the doctor has reviewed the images, they will typically contact you, usually within a week, to discuss the results and any necessary next steps. This can be through a phone call or a visit to their office.

## Where is the test performed?

Capsule Endoscopy is performed at:

**Cayuga Endoscopy Center**  
2435 Triphammer Road, Suite B in Ithaca